

Extended Day Program Highlights

- Transportation and meals are provided.
- Structured environment with 1:5 adult/participant ratio, and each youth is assigned to an individual counselor.
- Daily activities to enhance psychosocial functioning.
- Service modalities incorporate social and recreational activities, including regularly scheduled field trips to community and cultural events.
- Youth receive individualized academic support during the school year.
- Program is often open during school closures including teacher work days.

Our Services

- Comprehensive Diagnostic Assessment (initial & updates)
- CAFAS assessment and progress monitoring
- Referrals and linkage to other services
- Individual, group, and family therapy
- Psychosocial Rehabilitation (PRS)
- Behavior Modification
- Family Support

Extended Day Program Hours

In-School Session:

Monday – Friday
10am – 6pm

Summer:

June – August
Monday – Friday
10am – 5pm

Transportation and meals are provided.

Access Community offers a broad range of behavioral health and community support services for youth and families.



Locations & Contacts

106 Fabrister Lane, Ste D
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Extended Day Program



Therapeutic after-school & summer programming for youth (Ages 6 – 18)

Our Goal

The Extended Day Program (EDP) is a community-based, multi-component intervention for youth (ages 7 to 18). The program operates year-round during non-school hours.

The primary goals of the EDP are to reduce youth mental/behavioral health symptoms, enhance youth strengths and competencies, promote better functioning, and prevent restrictive placements.

Our Extended Day Program provides:

- Individualized programming based on needs and abilities.
- Structured activities during the “at-risk” after school and summer vacation hours in which youth are most likely to engage in negative and/or risky behaviors.
- The opportunity for improvements in social, emotional, and behavioral functioning.
- A deterrent to out-of-home placements, placement disruption, and/or restrictive placements.

Appropriate Participants

Those who can benefit most from the Extended Day Program are males and females ages 7 to 18 who:

- Are diagnosed with or exhibiting symptoms of behavioral disorder and/or emotional disturbance.
- Are having difficulty functioning at home, in school, and/or in other community/social settings.
- Are at risk of exclusion from social and/or academic participation.

Service Modalities

Services of the Extended Day Program are offered in a highly structured therapeutic setting, and an individualized treatment plan is developed for each youth in the program.

Treatment modalities include:

- Skills Training & Development
- Behavior Modification
- Therapeutic Recreation
- Positive Youth Development projects
- Individual and group counseling, mentoring, and support
- Individualized academic support
- Family education and support

Common challenges of youth attending this program are:

- Attention Deficit/Hyperactive Disorder (ADHD)
- Mood and Affect Disorders
- Anxiety Disorders
- Oppositional/Defiant & Conduct Disorders
- Disruptive Behavior
- Severe Emotional Disturbance
- Social and Interpersonal problems

Referrals

Referrals are encouraged from the following agencies:

- Department of Social Services
- Department of Mental Health
- Division of the Continuum of Care for Emotionally Disturbed Children
- Department of Juvenile Justice
- Department of Education and Local Education Agencies
- Department of Disabilities and Special Needs

Parents & Guardians

If you would like to have your child participate in the Extended Day Program, contact us today.

Fees

Contact us for information about our fees.

