

Extended Day Program Highlights

- Each youth is assigned to an individual counselor.
- Each youth is involved in therapeutic groups.
- Many of the skills are taught during social and physical activities including regularly scheduled field trips to community and cultural events.
- 4 youth to 1 adult ratio maintained at all times.
- Family therapy and parent support groups are available.

Access Community Center provides a broad range of services for children, adolescents, adults, and families

- Screening & Assessments
- Service Plan Development
- Crisis Intervention
- Therapy & Counseling (Individual, Group & Family)
- Rehabilitative Psychosocial Services
- Behavior Modification
- Social Skills Development
- Expressive Therapies
- Therapeutic Recreation
- Family Engagement and Outreach
- Family Support and Education
- Transportation (to and from services)

Extended Day Program Hours

In-School Session:

Monday – Friday
9am – 6pm

Summer:

June – August 2014
Monday – Friday
9am – 6pm

Transportation and meals are provided.

Access Community Center is a non-profit, multi-service behavioral health agency serving the Midlands Region of South Carolina.



ACCESS COMMUNITY CENTER

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Extended Day Program



Therapeutic after-school & summer programming for children and adolescents (ages 7 – 17)

Our Goal

The Extended Day Program (EDP) is a center-based, multi-component intervention for youth (ages 7 to 17) with emotional and behavioral problems and their families, that is delivered during the after school and summer vacation hours, and maintains children and adolescents in their homes, schools, and communities. The primary goals of EDP are to reduce youth mental health symptoms, enhance youth strengths and competencies, promote better family functioning, and prevent restrictive clinical placements, such as inpatient hospitalization and residential services.

Our Extended Day Program provides:

- Separate programming for child and adolescent age groups.
- Structured therapeutic treatment and activities during the "at-risk" after school and summer vacation hours in which youth are most likely to engage in negative and/or at-risk behaviors.
- The opportunity for consistent improvements in social functioning, self-esteem, and behavior.
- A deterrent to out-of-home placement and hospitalization.

Appropriate Clients

Those who can benefit most from the Extended Day Program are males and females from ages 7 to 17 who:

- Are diagnosed with or exhibiting symptoms of behavioral disorder and/or emotional disturbance.
- Are having difficulty maintaining age-appropriate behavior at home, in school, and/or in the community.
- Are at risk of restrictive clinical placement.

Treatment Services

Services of the Extended Day Program are offered in a highly structured therapeutic setting, and an individualized treatment plan is developed for each youth in the program. Treatment modalities include:

- Individual, group, and family counseling
- Behavior modification to promote responsible decision-making, conflict resolution, skill building, and empowerment.
- Social skills development through socialization and therapeutic groups.
- Therapeutic recreational activities, including field trips.
- Positive youth development activities that provide opportunities for empowerment.
- Life skills and prevocational skills education.
- Independent living skills development
- Individualized academic support.
- Parenting education and support.

Common challenges of youth attending this program are:

- Attention Deficit/Hyperactive Disorder (ADHD)
- Bipolar Disorder
- Oppositional Defiant Disorder
- Conduct Disorder
- Adjustment Disorder
- Anxiety and Depression
- Disruptive School Behavior
- Social Phobia/Anxiety

Admissions

Admissions are through referrals from one of the following designated state referring agencies:

- Division of the Continuum of Care for Emotionally Disturbed Children
- Department of Disabilities and Special Needs
- Department of Education and Local Education Agencies
- Department of Juvenile Justice
- Department of Mental Health
- Department of Social Services

Parents & Guardians

If you would like to have your child participate in the Extended Day Program, contact our admissions office at (803) 957-0794.

Fees

All program services are covered by Medicaid. The youth must be Medicaid eligible in order to participate in the Extended Day Program.

